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**SARAH A. BOWEN**

**BYLINE BIO:**

Sarah A. Bowen is an award-winning author, animal chaplain, and multifaith spiritual educator. Her new book, *Sacred Sendoffs: An Animal Chaplain’s Advice For Surviving Animal Loss, Making Life Meaningful, & Healing The Planet*, contains tools for surviving animal loss and mindfully extending compassion to the 8.7 million other species we share this interdependent planet with. (April 5, 2022, Monkfish Publishing). Learn more at sacredsendoffs.com.

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**BROADCAST BIO:**

Attention animal lovers! Sarah Bowen is an animal chaplain who teaches interspecies mindfulness practices, helps humans survive the pain of animal loss, and advocates for exploited and endangered species. Her forthcoming book is *Sacred Sendoffs: An Animal Chaplain’s Advice for Surviving Animal Loss, Making Life Meaningful, and Healing the Planet.* Welcome, Sarah. Why do you think talking about animal loss is important?

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**FULL SPEAKING BIO:**

Sarah Bowen is an animal chaplain and a co-founder of Compassion Consortium, the first interfaith, interspiritual, and interspecies community for people who care about and advocate for animals and the planet. She also companions animals through death, creates sacred memorial rituals, counsels humans grieving animal loss, and advocates for exploited and endangered species in both religious and secular contexts.  
   
Sarah is also an academic dean at One Spirit Interfaith Seminary, where she encourages emerging clergy to align their spiritual values with animal and planetary welfare. In addition, she has presented on animal death and interspecies spirituality in a wide range of venues, including United Nations World Interfaith Harmony Week, Parliament of the World’s Religions, Compassion Arts Festival, Pace E Bene’s Campaign Nonviolence Action Week, The Spiritual Forum, and numerous podcasts.

An award-winning author, she authored two books on modern spirituality, including *Spiritual Rebel: A Positively Addictive Guide to Finding Deeper Perspective and Higher Purpose*. Her latest book is [***Sacred Sendoffs: An Animal Chaplain’s Advice for Surviving Animal Loss, Making Life Meaningful, & Trying to Heal the Planet***](https://www.sacredsendoffs.com/shop)(Monkfish Publishing, April 2022). She is a columnist on animal/human relationships for [***Spirituality & Health* magazine**](https://www.spiritualityhealth.com/authors/sarah-bowen), and her work has appeared in *Tricycle: The Buddhist Review*, *Elephant Journal*, mindbodygreen, and a wide range of spirituality media.